The Shrewsbury and Telford Hospital NHS Trust

# NURSING ASSOCIATE

## **INFORMATION FOR CANDIDATES**



# ABOUT THE TRUST

The Shrewsbury and Telford Hospital NHS Trust (SaTH) is the main provider of acute hospital services for around half a million people in Shropshire, Telford & Wrekin and mid Wales.

Encompassing some of the most picturesque parts of England and Wales, the Trust's catchment stretches from the Cambrian Mountains in the west, to Newport and the fringes of the Black Country in the east.

The main towns include: Bridgnorth, Ludlow, Market Drayton, Oswestry, Shrewsbury and Whitchurch (in Shropshire); Newport, Telford and Wellington (in Telford & Wrekin); and Newtown and Welshpool (in Powys) – all beautiful and unique.

Our main service locations are The Princess Royal Hospital (PRH) in Telford and The Royal Shrewsbury Hospital (RSH) in Shrewsbury which are located 20 minutes drive apart. Together they provide 99% of our activity. Both hospitals provide a wide range of acute hospital services including accident & emergency, outpatients, diagnostics, inpatient medical care and critical care.

We also provide services such as consultant-led outreach clinics at Telford, the Robert Jones and Agnes Hunt Orthopaedic Hospital, Gobowen and the Bridgnorth, Ludlow and Whitchurch Community Hospitals.

We employ more than 6,000 people, and hundreds of colleagues and students from other organisations also work in our hospitals. We benefit from around 1,000 wonderful volunteers, and our main charitable partners are the League of Friends at The Royal Shrewsbury Hospital, Friends of The Princess Royal Hospital, and the Lingen Davies Cancer Appeal which is based at The Royal Shrewsbury Hospital.



## **OUR VISION AND VALUES**

The Shrewsbury and Telford Hospital NHS Trust is an organisation that strives to provide high quality, safe care for our patients in an environment which our staff are proud to work in

## Our Vision:

## "To provide excellent care for the communities we serve"

**Our Values:** 



## **OUR VISION**

We believe that by adhering to our Vision and working with our Values in mind we can behave in a way which will ensure the right results for the people that matter most – our patients and their families.

## **OUR VALUES**

Our Trust Values provide a guide for our daily lives which we are all expected to uphold, both at work and when we are representing the Trust.

Our Values were developed by staff and our patients, so they represent what is important to us within the organisation and the way we should all behave towards patients, carers, visitors, partners and each other.

You will see our Values throughout the Trust; they are not just words on a page, they represent what we are about here at SaTH. We want patients and their families to say that the care and service they receive from all of us is consistently high-quality, safe, effective, and personalised, so the feelings behind the Values shouldn't come as a surprise to anyone working in the NHS.

The reason why it is important that they are clearly written down is, so we all know what's expected, and none of us are surprised if we are asked to explain any unacceptable behaviour. Ultimately, if we follow our Values, we will provide services that are better for our patients and better for each other.

## COLLEAGUE BENEFITS

27 days annual leave entitlement at joining, increasing with length of service, plus 8 bank holidays

Flexible working policies

Generous maternity pay and 2 weeks full pay paternity leave

Colleague recognition scheme and long service awards

Option to buy and sell additional annual leave

Greener travel initiative, including cycle to work scheme and lift share

Childcare information and support available, including onsite nurseries

Discounted bus passes with Arriva

## Access to various local and national discounts via various external websites

- Blue Light Card
- Health Service
- Discounts NHS

**FINANCIAL** 

Salary sacrifice schemes for home electronics and bikes

Generous Pension scheme

Access to a financial support booklet

Pre-retirement courses

Free Will writing service

Savings and Loan schemes

## **PSYCHOLOGICAL SUPPORT**

- Coaching
- Mental Health First
- Aiders Chaplaincy

#### **PHYSICAL SUPPORT**

- Fast track physiotherapy service Free
- eye test vouchers

#### HEALTHY LIFESTYLES AND EMOTIONAL SUPPORT

- Slimming World referral scheme Staff
- cervical screening service Long Covid
- support
- Access to wellbeing/rest rooms
- Menopause support including advocates, webinars, toolkits, clinics, and bi-monthly meet ups Men's
- Health Bi-monthly forums and men's MOT
- Sleep School Wellbeing Support

iscounts with local gyms

# LEARNING AND DEVELOPMENT

#### COACHING AND MENTORING

Opportunities to grow, develop and perform at your best

## LEADERSHIP ACADEMY

Leadership and management training for all levels of staff

#### ACCESS TO ELEARNING COURSES

Many eLearning modules to learn from with access available at home

## APPRENTICESHIPS

There are a growing number of apprenticeship opportunities at SaTH across all disciplines

Secondment and acting-up opportunities

Support to complete qualifications such as NVQ, Masters etc. whilst on the job

HEALTH AND WELLBEING

GENERAI



## JOB DESCRIPTION

Job Title	Nursing Associate
Band	4
Directorate	Ward / Department Manager
Accountable to	Ward / Department Manager
DBS Required?	Enhanced

## JOB OVERVIEW

To provide holistic and person-centred care and support for people of all ages and in a variety of settings. To work independently under the leadership of registered nurses, working to their nationally recognised code of conduct and Standards of Proficiency for Nursing Associates. To work as part of the multidisciplinary team. To communicate effectively, with sensitivity and compassion, and to manage relationships with people, making reasonable adjustments where necessary. To work flexibly to meet the needs of the service.

### Provide and monitor care.

- Provide compassionate, safe and effective care and support to people in a range of care settings.
- Ensure the privacy, dignity and safety of individuals is maintained at all times
- Monitor the condition and health needs of people within their care on a continual basis in partnership with the members of the MDT team families, and carers
- To complete nursing risk assessments using recognise risk assessment tools .
- Contribute to the planning of care delivery in association with the Registered Nurse.
- Contribute to on going assessment recognising when it is necessary to refer to others for reassessment and action
- Administer medication via oral, topical, and inhalation routes.
- Administer injections using subcutaneous, intradermal and intramuscular routes
- Administer and monitor medications using enteral equipment
- Administer enemas and suppositories in line with prescription
- Demonstrate the ability to recognise changing priorities seeking advice and guidance from the Registered Nurse or other registered care professionals as appropriate
- Communicate effectively with colleagues, providing clear verbal, digital or written information and instructions when sharing information, delegating or handing over responsibility for care
- To oversee the care delivered by Health Care Assistants, Trainee Nursing Associates and Nursing Students to the designated patients allocated to them.
- Recognise and report any situations, behaviours or errors that could result in poor care outcomes
- Identify risks to safety or experience and take appropriate action, putting the best interests, needs and preferences of people first.
- Assist in the implementation of appropriate action to meet the specific physical, emotional and psychological, social, cultural and spiritual needs of individuals and carers
- Demonstrate good understanding of principles of consent and ensure valid consent is obtained prior to undertaking nursing and care procedures
- Support people to improve and maintain their mental, physical, behavioural health and wellbeing
- Be actively involved in the prevention of and protection against disease and ill health

#### **Professional Accountability**

- To be fully conversant with and work within the Nursing and Midwifery Code and Standards of Proficiency for Nursing Associates.
- Act in the best interests of the people they care for.
- Act professionally at all times and be responsible and accountable for their actions

- Use knowledge and experience to make evidence-based decisions and solve problems
- Recognise and work within the limits of their competence.

#### **Education and Training**

- Engage in reflective practice including management of self and reflection on own reactions, asking questions and reflecting on answers given
- Support the development of less experienced staff , Health Care Assistants, Trainee
- Nursing Associates, Nursing Students and learners under the guidance of the Registered Nurse.
- Take personal responsibility for attending statutory / mandatory updates in accordance with organisational requirements.
- Act as an excellent role model by upholding and implementing good practice in the workplace.
- Recognising and either directly challenging or seeking support to challenge any poor practice observed
- Identify and agree through performance review an individual professional development plan in consultation with line manager

#### Decisions, judgements and freedom to act

- Exercise personal responsibility and work independently within defined parameters of practice, taking the initiative in a variety of situations and performing a range of clinical and care skills consistent with the role, responsibilities, proficiencies and professional values of a Nursing Associate.
- To report on a day-to-day basis to the Registered Nurse in Charge.
- Take responsibility for a designated group of patients working under the leadership of a Registered Nurse.

#### **Communication and relationships**

- To liaise and communicate with staff, managers, patients and service users at all levels.
- Develop effective channels and systems of communication and ensure colleagues and staff are kept informed in a timely and appropriate manner.
- Delegate appropriate tasks and activities to Health Care Assistants, Nursing students, Trainee Nursing Associates and learners on their own designated patient group.
- To ensure that confidentiality is maintained at all times in conjunction with the Trust's

#### **Confidentiality Policy**

- Play an active role as members of interdisciplinary teams
- Understand the roles of a range of professionals and carers from other organisations and settings who may be participating in the care of a person and their family

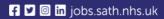
## Physical, mental, and emotional demands of the post

- To maintain a patient focus in all service activities.
- To work flexibly to meet critical short term and long term deadlines.
- To act sensitively at all times in ensuring that concerns of staff, patients and relatives are dealt with sympathetically.
- Use frequent moderate effort when undertaking carrying out the manual handling of individuals and equipment in line with organisational guidelines.
- Use skills of manual dexterity and manipulation of clinical equipment
- Use a combination of standing, walking bending and stretching throughout the shift



## PERSON SPECIFICATION

The following pages contain a description of the qualifications, skills, experience, knowledge and other attributes a candidate should ideally possess to successfully perform this role.



# QUALIFICATIONS

ESSENT	IAL	DESIRABLE
•	Registered Nursing Associate on the NMC register	
•	Educated to a minimum level 5 Foundation degree level specific to nursing associate practice	

## EXPERIENCE AND KNOWLEDGE

ESSENTIAL	DESIRABLE
<ul> <li>Previous healthcare experience</li> <li>Understanding of the scope of the role of the Nursing Associate in context of the team and the organisation, and how the role contributes to service development</li> </ul>	Acute /secondary care experience

## SKILLS

ESSENTIAL	DESIRABLE
<ul> <li>Excellent interpersonal and communication skills</li> <li>IT skills appropriate to the role</li> <li>Ability to work well in a team</li> <li>Ability to work on own initiative</li> <li>Ability to organise and prioritise own</li> </ul>	
<ul> <li>workload</li> <li>Able to recognise own limitations in the context of the nursing associate role</li> </ul>	
<ul> <li>Knowledge of when to seek advice and refer to a registered health or care professional</li> </ul>	
<ul> <li>Ability to participate in reflective practice and clinical supervision activities</li> </ul>	

## OTHER

ESSENTIAL	DESIRABLE
Ability to travel between Trust sites	

## **GENERAL CONDITIONS**

As they undertake their duties, all our people are required to uphold and demonstrate the Trust's core values of: Partnering, Ambitious, Caring and Trusted. Collaboration and partnership are also central to our approach in delivering our fundamental activities of patient care, teaching, and research.

## **HEALTH & SAFETY**

As an employee of the Trust, you have a responsibility to:

- take reasonable care of your own Health and Safety and that of any other person who may be affected by your acts or omissions at work; and
- co-operate with the Trust in ensuring that statutory regulations, codes of practice, local policies and departmental health and safety rules are adhered to; and
- not intentionally or recklessly interfere with or misuse anything provided in the interests of health and safety

# INFECTION PREVENTION AND CONTROL (IPC)

The prevention and management of acquired infection is a key priority for the Trust. As an employee of the Trust, you have a responsibility to:

- ensure that your work methods are compliant with the Trust's agreed policies and procedures and do not endanger other people or yourself; and
- be aware of infection prevention and control policies, practices, and guidelines appropriate for your duties and you must follow these at all times to maintain a safe environment for patients, visitors and colleagues; and
- maintain an up-to-date knowledge of infection prevention and control, policies, practices, and procedures through attendance at annual mandatory updates and ongoing continuing professional development; and
- challenge poor infection prevention and control practices of others and to report any breaches, using appropriate Trust mechanisms (e.g. incident reporting policy)

## **INFORMATION GOVERNANCE**

The Trust is committed to compliance with Information Governance standards to ensure that all information is handled legally, securely, efficiently, and effectively. You are required to comply with the Trust's Information Governance policies and standards.

- Confidentiality and Security Your attention is drawn to the confidential nature of information collected within the NHS. Whilst you are employed by the Trust you will come into contact with confidential information and data relating to the work of the Trust, its patients or employees. You are bound by your conditions of service to respect the confidentiality of any information you may come into contact with which identifies patients, employees or other Trust personnel, or business information of the Trust. You also have a duty to ensure that all confidential information is held securely at all times, both on and off site.
- Disclosure of Information To ensure that information is only shared with the appropriate people in appropriate circumstances, care must be taken to check the recipient has a legal basis for access to the information before releasing it. Upon leaving the Trust's employment and at any time thereafter you must not take advantage of or disclose confidential information that you learnt in the course of your employment, to protect yourself and the Trust from any possible legal action.
- Information Quality and Records Management You must ensure that all information handled by you is accurate and kept up-to-date and you must comply with the Trust's recording, monitoring, validation and improvement schemes and processes.

# PROFESSIONAL STANDARDS AND PERFORMANCE REVIEW

As an employee of the Trust, you have a responsibility to:

- participate in continuous personal development including, statutory and mandatory training as appropriate for the post; and
- maintain consistently high personal and professional standards and act in accordance with the relevant professional code of conduct; and
- take responsibility for the maintenance and improvement of personal and professional competence and to encourage that of colleagues and subordinates

## SAFEGUARDING CHILDREN AND VULNERABLE ADULTS

We all have a personal and a professional responsibility within the Trust to identify and report abuse.

As an employee of the Trust, you have a responsibility to ensure that:

- you are familiar with and adhere to the Trusts Safeguarding Children procedures and guidelines
- you attend safeguarding awareness training and undertake any additional training in relation to safeguarding relevant to your role

## SOCIAL RESPONSIBILITY

The Trust is committed to behaving responsibly in the way we manage transport, procurement, our facilities, employment, skills, and our engagement with the local community so that we can make a positive contribution to society. As an employee of the Trust, you have a responsibility to take measures to support our contribution and to reduce the environmental impact of our activities relating to energy and water usage, transport and waste.

## **CONTINUOUS IMPROVEMENT**

The Shrewsbury and Telford Hospital NHS Trust is committed to creating a culture that puts Continuous Improvement at the forefront of our transformational journey and our aim is to empower colleagues at all levels have the confidence, capability, passion, and knowledge, to test changes and make improvements at SaTH and in the communities we serve.

Following a successful five-year partnership with the Virginia Mason Institute in the USA, SaTH

continues to further develop and embed the Trust's approach to Continuous Improvement at all levels of the organisation. You will be supported by an Improvement Hub, which will provide the necessary expertise to support you make improvements, while also providing training at various stages of your time at SaTH, as part of your continuing professional development.

# EQUAL OPPORTUNITIES AND DIVERSITY

The Shrewsbury and Telford Hospital NHS Trust is striving towards being an equal opportunities employer. No job applicant or colleague will be discriminated against on the grounds of race, colour, nationality, ethnic or national origin, religion or belief, age, sex, marital status or on the grounds of disability or sexual preference.

Selection for training and development and promotion will be on the basis of an individual's ability to meet the requirements of the job.

The Shrewsbury and Telford Hospital NHS Trust the post-holder will have personal responsibility to ensure they do not discriminate, harass, bully, or contribute to the discrimination, harassment or bullying of a colleague or colleagues, or condone discrimination, harassment or bullying by others.

The post-holder is also required to co-operate with measures introduced to ensure equality of opportunity.

## NO SMOKING POLICY

There is a no smoking policy in operation within the Trust. Smoking within the Trust's premises or within the Trust's grounds is not permitted.

## MISCELLANEOUS

This job description is an outline of the key tasks and responsibilities of the post and is not intended to be an exhaustive list. The job may change over time to reflect the changing needs of the Trust and its services as well as the personal development.





## The Royal Shrewsbury Hospital

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Address: The Royal Shrewsbury Hospital Mytton Oak Road Shrewsbury SY3 8XQ

Getting to The Royal Shrewsbury Hospita

## The Princess Royal Hospital

Telephone: 01952 641222 Minicom: 01952 641222 Ext: 4995

> Address: The Princess Royal Hospital Apley Castle Telford TF1 6TF

Getting to The Princess Royal Hospital

sath.nhs.uk